

material  
pretest

Total Pages : 7

B.Sc./6th Sem (H)/NUTR/23(CBCS)

2023

6th Semester Examination

NUTRITION (Honours)

Paper : DSE 3-T

[CBCS]

Full Marks : 40

Time : Two Hours

*The figures in the margin indicate full marks.  
Candidates are required to give their answers  
in their own words as far as practicable.*

( 4 )

OR

**(Nutrition Communication for Health Promotion)**

**Group - A**

Answer any *five* questions from the following :

2×5=10

1. What do you mean by non-verbal communication skill ?  
2
2. Define IEC. 2
3. Mention one advantage of 'Individual Health' education.  
2
4. What is meant by training and capacity building of health workers ?  
2
5. What are the factors influencing the amounts and types of food consumed by the population ?  
2
6. What are the steps to be adopted for nutrition advocacy process ?  
2
7. Write down the role of audio-visual aids in health promotion.  
2
8. What do you mean by pre-test counselling ?  
2

**Group - B**

Answer any *four* questions from the following :

5×4=20

9. What are the key elements of communication in health promotion ?  
5

( 5 )

10. Describe the different models / theories of health behaviour. 5
11. State the importance of nutrition advocacy in nutrition policy formation. 5
12. Why are ethics important for health communication ? 5
13. Write down the conceptual framework for health promotion model. 5
14. State the role of GATHER technique for counselling. 5

### Group - C

Answer any *one* question from following :

10×1=10

15. What are the important international dietary guidelines of nutrition promotion ? Describe the stages of behaviour change in health communication. 4+6
16. (a) Explain the three main levels at which health education is carried out by an individual.  
(b) What are the critical steps of creating effective training programmes.  
(c) Mention the different types of effective communication required in health and social care. 4+3+3

---

P.T.O.